

1. What is Alpha

Alpha is a space to unpack the basics of the Christian faith together. No pressure. No judgement. Just open conversation over some good food. The experience is open to everyone, no matter their background or beliefs. Alpha is simply a safe space to meet new people, find out the basics, and share thoughts. The short course runs over **11 sessions** – each week a different big question around the Christian faith is unpacked and explored together.



Every Alpha looks different but – no matter where you are in the world – each of the **eleven sessions** will be built around three key elements:

1. Meet new people

Alpha is made for people who are in the same boat – not sure about faith, but curious to find out more. You'll meet people from your local community and get to know them over the course of your Alpha. Each session kicks off with some time to connect and eat together. Food is usually provided free by the team running your course – so whether it's biscuits or brisket, you're in for a treat.

2. When

On Sundays starting at 19:00. Arrival is expected between 18:30 and 19:00.

2. Watch a talk

The Alpha talks can either be given in person or shared as an episode for everyone to watch together. Each talk is designed to spark conversation and unpacks a different question. In all, the Alpha talks are designed to give an overview of the key beliefs of the Christian faith.

2. Share your thoughts

The most important part of any Alpha – an open conversation about the week's topic. You can share your thoughts and questions, or just see what other people made of it. There's no pressure to say anything or come to any conclusions – just a safe space for everyone's unique perspective.

2. Topics	Planning
	intr: oct 26
1. Is there more to life than this?	nov 2
2. Who is Jesus?	nov 9
3. Why did Jesus die?	nov 16
4. How can I have faith?	nov 23
5. Why and how do I pray?	nov 30
6. Why and how should I read the bible?	dec 7
7. How does God guide us?	dec 14
8. Who is the Holy Spirit?	jan 11
9. What does the Holy Spirit do?	jan 11
10. How can I be filled with the Holy Spirit?	jan 11
11. How can I make the most of the rest of my life?	jan 18
12. How can I resist evil?	jan 25
13. Why and how should I tell others?	feb 1
14. Does God heal today?	feb 8
15. What about the church?	feb 15